



State of Arizona
Department of Education

Tom Horne
Superintendent of
Public Instruction

Memorandum

March 16, 2005
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To: Child and Adult Care Food Program Organizations

From: Mary Szafranski, Deputy Associate Superintendent
Health and Nutrition Services

Melissa Steinle, Director
Child and Adult Care Food Program

Subject: Meal Pattern Requirements for Infants 8 through 11 Months in the Child Nutrition Programs

This memorandum clarifies questions about the appropriate number of components that fulfill the meal pattern for lunches and suppers served to infants 8 through 11 months of age. For this age group of infants, a reimbursable lunch or supper has three components and must include:

(1) Fluid Milk:

6 to 8 fluid ounces of breastmilk, or iron-fortified infant formula, or both

(2) Cereal, or "Meat/Meat Alternate," or both:

2 to 4 tablespoons of iron-fortified dry infant cereal

or

1 to 4 tablespoons of meat, or

1 to 4 tablespoons of fish, or

1 to 4 tablespoons of poultry, or

1 to 4 tablespoons of egg yolk, or

1 to 4 tablespoons of cooked dry beans, or

1 to 4 tablespoons of cooked dry peas, or

½ to 2 ounces (weight) of cheese, or

1 to 4 ounces (volume) of cottage cheese, or
1 to 4 ounces (weight) of cheese food
or
appropriate quantities (as listed above) of cereal and meat/meat alternate

(3) Fruit or Vegetable:

1 to 4 tablespoons of fruit, or vegetable, or both

The Department of Education provides this information to make it easier to understand the infant meal pattern requirements that are written in sections 226.20(b)(5)(iii)(B) and 210.10(o)(5)(iii)(B), and the accompanying tables in sections 226.20(b)(6) and 210.10(o)(6).

Please feel free to contact your program specialist if you have further questions.

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